



Why is Relaxity™ different?

Relaxity™ contains the only whole food based GABA (which is naturally produced by the body) on the US market. Unlike some of the pure herbal remedies, Relaxity™ has been proven through double-blind placebo controlled tests on humans to cause a relaxed state.* In addition, the research indicates that Relaxity does not cause drowsiness.

Why should I use Relaxity™?

GABA is an inhibitory neurotransmitter that is naturally produced in our body that causes a relaxed state. Unfortunately, our body does not produce enough GABA to overcome the amount of stress that our bodies and minds endure. Therefore, supplementing with Relaxity is beneficial to introduce more GABA into your system as well as mood enhancing adaptogenic herbs to allow you to Live Calm.

When should I use Relaxity™?

You should use Relaxity before any stressful situation or immediately after the stressful situation. For example, use Relaxity before: going on an airplane, taking a long trip, taking a test, giving a presentation, starting a busy day, etc. Many customers use Relaxity prior to going to sleep. Relaxity is Non-Drowsy, however, when you do end up sleeping it will cause a deep sleep. In addition, you should use Relaxity in conjunction with other relaxing activities to make them more effective such as yoga, meditation or massage.

How long does it take for Relaxity™ to be effective?

Research has shown that Relaxity is effective within one hour of ingestion.

How often can I take Relaxity?

You should take 2 capsules every 3 hours as needed. Do not take more than 8 capsules per day.

Is Relaxity™ All Natural?

Yes. Relaxity is 100% Natural.