

Each Bar Contains: 20mg Omega-3 from Omega 3 Concentrate Complex • 7mg EPA • 7mg DHA • 250mg GlutImmune • 250mg Phosphatidyl Choline

†The "Net Carbs" are calculated by subtracting the dietary fiber (3g), and other low glycemic carbohydrates including sugar alcohols (10g) and glycerine (3g) from the total carbohydrates (19g). Individuals who monitor their carbohydrate intake may deduct these low glycemic carbohydrates from the "Total Carb" count (in the Nutrition Facts box) due to their minimal impact on blood sugar levels.

Allergen Information: Contains Milk Products, Almonds, and Fish Oil.

Made in a facility that processes peanuts, tree nuts, soy, dairy, and eggs.

designs for health



**PaleoBar™**

**Chocolate Flavor Coated Bar**

NET WT 1.48 OZ (42g)

Fructose Free • 20mg Omega-3 • 250mg Phosphatidyl Choline • 250mg Covalent Bonded Glutamine

**PALEOLITHIC NUTRITION  
IN A  
21ST CENTURY BAR!**



Conversion of maltitol, and xylitol (the sugar alcohol portion of carbohydrates in this product) and glycerine requires little or no insulin and does not cause a significant increase in serum glucose levels. However, people with diabetes should consult their physician or health professional about including sugar alcohols and glycerine in their daily diet. Glycerine is counted as a carbohydrate in all PaleoBars.

**Nutrition Facts**

Serving Size 1 Bar (42g)

Servings 1

**Calories** 160

Fat Cal. 80

\*Percent Daily Values (DV) are

based on a 2,000 calorie diet. Vitamin A 0% • Vitamin C 2% • Calcium 6% • Iron 6%

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
<b>Total Fat</b> 9g	<b>14%</b>	<b>Total Carbohydrate</b> 19g	<b>6%</b>
Saturated Fat 3.5g	<b>18%</b>	Dietary Fiber 3g	<b>10%</b>
Trans Fat 0g		Sugars 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>	Sugar Alcohol 10g	
<b>Sodium</b> 35mg	<b>1%</b>	<b>Protein</b> 9g	

**INGREDIENTS:** Sugar Free Dark Chocolate Coating (Maltitol, Unsweetened Chocolate, Cocoa Butter, Butter Oil, Soy Lecithin (An Emulsifier), Vanilla), Protein Blend (Whey Protein Isolate, Whey Protein Concentrate, Whey Crisps (Whey Protein Isolate, Rice Flour), Rice Protein Concentrate), Maltitol Syrup, Glycerine, Almond Butter, Almonds, Unsweetened Chocolate, Fructooligosaccharides, Xylitol, Natural Flavor, Lecithin, Digestion Resistant Fiber (Fibersol 2), Cocoa Butter, Cocoa Powder, Omega 3 Concentrate Complex, Covalent Bonded Glutamine (GlutImmune™), Coconut Oil, Sea Salt, Green Tea, Elderberry, Rosemary Extract.

Uniquely formulated and distributed by Designs for Health •800.847.8302